IF YOU OR SOMEONE YOU KNOW NEEDS HELP IMMEDIATELY

please call

911

DENVER
PUBLIC HEALTH & ENVIRONMENT

you are not ALONE

COMMUNITY RESOURCE GUIDE

CRISIS SERVICES

Denver Health Psych Emergency Services
303-602-7221 | Available 24/7

Denver Health Mobile Crisis Services
1-844-493-8255 | Available 24/7
Onsite and phone evaluations, information and referral services for Denver residents

National Suicide Prevention Lifeline
1-800-273-8255 | Free 24/7 Hotline
suicidepreventionlifeline.org | Chat

National Domestic Violence Hotline
1-800-799-7233 | Free 24/7 Hotline
88788 | Text "START"
thehotline.org | Chat

The Center for Trauma & Resilience
303-894-8000 | Free 24/7 Hotline
303-718-8289 | Español

The Blue Bench Sexual Assault Hotline
303- 322-7273 | Free 24/7 Hotline

CRISIS SERVICES

Colorado Crisis Services
1-844-493-8255 | Free 24/7 Hotline
38255 | Text "TALK" to start a conversation
coloradocrisisservices.org | Chat

Some locations have stabilization beds for 1-5 days

AURORA
2206 Victor St. Aurora, CO 80045
Open 8:00 a.m. — 11:00 p.m.

DENVER
4353 E. Colfax Ave. Denver, CO 80220

WHEAT RIDGE
4643 Wadsworth Blvd. Wheat Ridge, CO 80033

LITTLETON
6509 S. Santa Fe Drive Littleton, CO 80120

To access walk-in services, please call the main number: 1-844-493-8255

RESOURCE DIRECTORIES

National Alliance on Mental Illness (NAMI)
800-950-6264 | Mon-Fri, 10:00 a.m.-10:00 p.m.
741741 | Text "NAMI"
24/7 confidential, free counseling

Mile High United Way 2-1-1 Help Center Dial 2-1-1 | Free 24/7 Helpline
898-211 | Text to start a conversation
unitedwaydenver.org/2-1-1 | Chat
Confidential community referral service

Psychology Today
psychologytoday.com | Mental Health Resources

Homeless Shelter Directory
homelessshelterdirectory.org/colorado.html
SAMHSA Treatment Services Locator
findtreatment.samhsa.gov
1-800-662-4357 | Free 24/7 Helpline

Urban Peak
urbanpeak.org | Resources for youth experiencing homelessness

COMMUNITY MENTAL HEALTH

Mental Health Center of Denver
303-504-6500 | **mhcd.org**
Case management, therapy, recovery, child and family services, medication, housing services, residential

AllHealth Network
303-730-8858 | **allhealthnetwork.org**
Case management, therapy, child and family services, medication, residential, substance misuse

Denver Health Behavioral Health Services
303-602-4357 | **denverhealth.org**
Outpatient, substance misuse, inpatient, child and family services, neuropsych, 24/7 mobile crisis services

Jefferson Center for Mental Health
303-425-0300 | **jcmh.org**
Outpatient, substance misuse, outpatient, inpatient, child and family services, senior services, emergency services

Jewish Family Services
303-597-5000 | **jewishfamilyservice.org**
Disability and employment services, mental health counseling, grief counseling

Sheridan Health Services Community Clinic
303-315-6150
www.nursing.ecdenver.edu/sheridan
Primary care and a comprehensive range of physical, mental, and oral health services to a low-income, diverse, pediatric population

Jewish Family Services
303-597-5000 | **jewishfamilyservice.org**
Disability and employment services, mental health counseling, grief counseling

Servicios De La Raza
303-458-5851 | **serviciosdelaraza.org**
$25 sessions without insurance, individual and group therapy, ADHD testing, parole community reintegration, youth services, job placement, GED, tuition assistance, emergency food, domestic violence program, HIV/AIDS program

Second Wind Fund - Youth Suicide Prevention
303-988-2645 | thesecondwindfund.org
Provides access to therapy for youth, 19-years or younger, at risk for suicide who are unable to afford services

SUBSTANCE MISUSE

Alcoholics Anonymous (AA)
303-322-4440| dacca.org

Al-Anon
303-321-8788
Support for family and friends of people with alcohol addiction issues

Narcotics Anonymous (NA)
303-832-3784| nacolorado.org

The Phoenix
2233 Champa St, Denver, CO 80205
720-440-9175| phoenixmultisport.org
Free fitness center for people in recovery

Life Ring
1-800-811-4142| lifering.org
Secular substance misuse recovery

Signal Behavioral Health Network
303-639-9320| signalbhn.org
Substance misuse recovery services

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